





Directions to Trafalgar House

Unit 33, 223 Southampton Road, Portsmouth, PO6 4PY

From Portsmouth:

- Follow A27 towards Cosham / Port Solent.
- Continue on the A27 (Southampton Road) past the turning for Port Solent towards Portchester.
- Drive past Paulsgrove Lake on your left.
- You will see a car wash centre and then Mother Kelly's Fish and Chips on your left.
- Immediately after Mother Kelly's turn left into the carpark for Trafalgar House. If you miss the turn-in (it is quite difficult to see from the road) the simplest thing is to just carry on to the first roundabout, double back on yourself, and then drive as if heading from Fareham / M27 (see below).
- Parking at the office is free (in the unlikely event that there is not an available parking space, please call your therapist as there is additional parking we can direct you to if necessary).

From Fareham / M27:

- From M27 exit Junction 11 (alternatively you can exit at Junction 12 and then follow directions as if heading towards Port Solent from Portsmouth see above).
- Follow A27 through Porchester and towards Port Solent.
- After the Castle Street roundabout, continue along Southampton Road (A27), passing Lidl on your right.
- You will see Teddy Bears Nursery school on your left.
- Immediately turn right into the car park at Trafalgar House (before Mother Kelly's Fish and Chips).
- Parking at the office is free (in the unlikely event that there is not an available parking space, please call your therapist as there is additional parking we can direct you to if necessary).

When you arrive:

Please make sure you have your therapist's direct phone number – please ask them for this if you don't have it already. Please text / call your therapist on arrival and they will ask you to come up, or will come and find you – you can wait in the carpark or foyer / reception.

Our office is number 33. This is up a wide dog-leg staircase. At the top of the stairs you turn to your left and left again (you effectively double-back on yourself). Walk through the single door and our office is down that corridor on your right.